

# My World Assessment Triangle

Name	DOB	
WHAT I NEED FROM PEOPLE WHO LOOK AFTER ME		
	Strengths/protective factors	Wellbeing   Developmental needs/adversities
Safe	<b>Keeping me safe:</b> e.g. exposure to danger or harm, aggressive or violent behaviour, parenting capacity	
	•	•
	<b>Everyday care and help:</b> e.g. basic care needs being met – food, drink, clothing, warmth, shelter, hygiene	
	•	•
Nurtured	<b>Being there for me:</b> e.g. attachment to family members, emotional warmth, comfort, understanding of family background, beliefs	
	•	•
	<b>Guidance, supporting me to make the right choices:</b> e.g. support to make good choices, have values, consistent routines, appropriate boundaries, good role models	
	•	•
	<b>Knowing what is going to happen and when:</b> e.g. stable and predictable life, help in preparing me for changes in my life, consistent carers who are honest and reliable	
	•	•
Active	<b>Play, encouragement and fun:</b> e.g. having someone who spends time with me, stimulates and responds to my curiosity	
	•	•
Included	<b>Understanding my family's history, background and beliefs:</b> e.g. informed about family relationships, background and associated racial, ethnic and cultural heritage	
	•	•

**HOW I GROW AND DEVELOP**

	<b>Strengths/protective factors</b>	<b>  Wellbeing  </b>	<b>Developmental needs/adversities</b>
<b>Healthy</b>	<b>Being healthy:</b> e.g. diagnosed conditions, developmental concerns, physical health, emotional health		
	•		•
	<b>Being able to communicate:</b> e.g. speech, understanding of language, expression of thoughts and emotions		
<b>Achieving</b>	<b>Learning and achieving:</b> e.g. attainment, achievement and wider assessment information, approaches, attitudes and motivation to learning		
	•		•
<b>Respected</b>	<b>Confidence in who I am:</b> e.g. resilience, confidence in own ability, strong identity		
	•		•
<b>Responsible</b>	<b>Learning to be responsible:</b> e.g. for own behaviour, appropriate social skills, accountability, sense of right and wrong		
	•		•
	<b>Becoming independent, looking after myself:</b> e.g. able to look after myself, dress and feed myself, get along with others, awareness of own limitations and how to overcome them		
	•		•
<b>Included</b>	<b>Enjoying family and friends:</b> e.g. relationships with family members, adults, peers, friends		
	•		•

**MY WIDER WORLD**

	<b>Strengths/protective factors</b>	<b>  Wellbeing  </b>	<b>Developmental needs/adversities</b>
<b>Safe</b>	<b>Comfortable and safe housing:</b> e.g. access to a comfortable and safe environment to live, both at home and in the community		
	•		•
<b>Achieving</b>	<b>School:</b> e.g. participation in activities outside school hours, access to school resources, study support		
	•		•
<b>Active</b>	<b>Work opportunities for my family:</b> e.g. expectations of work and employment, ambition and aspiration for children, financial concerns		
	•		•
	<b>Enough money:</b> e.g. adequate income to ensure that the child benefits from activities and interests		
	•		•
<b>Included</b>	<b>Support from family and friends:</b> e.g. support around the child, relationships within family and extended family, neighbours and friends		
	•		•
	<b>Local resources:</b> e.g. involvement in local community, access to resources and support from other agencies		
	•		•
	<b>Belonging:</b> e.g. accepted into the community without prejudices or tensions		
	•		•